How To Be An Ally To Indigenous Peoples

Care for the Earth
Give thanks frequently
Respect and support Indigenous sovereignty
Learn about treaties
Remember that treaties are the Supreme Law of the United States (Article 6, US Constitution)
Demand that our nation honor its treaty commitments
Consider future generations in all your actions
Question and resist stereotypes including team names and mascots
Learn about and reject the “Doctrine of Discovery”
Reach out to your Indigenous neighbors
Slow down and listen more than you talk
Notice where you are
Live with gratitude
Live lightly on the earth
Work to end global warming
Support renewable energy
Stop hydrofracking, dirty coal and uranium mining
Don’t co-opt Native cultures or ceremonies
Return sacred objects
Read and promote the UN Declaration on the Rights of Indigenous Peoples
Celebrate Indigenous Peoples’ Day every October 12
Learn about the people indigenous to wherever you are
Read Native Authors • Support Native craftspeople, businesses and events
Remember that all beings (animals and plants) are your relatives not your resources
Appreciate the diversity of nations, cultures and people