

The Biderman Report of 1956* and COVID-19 Measures

* “Communist Coercive Methods for Eliciting Individual Compliance”

The Chart of Coercion below, is taken from a report by Dr. A.D. Biderman, *identifying Chinese and Korean brainwashing techniques* used to make captured American servicemen *psychological* as well as physical prisoners.** Compare Biderman’s Chart with your experience since February, 2020.

Chart of Coercion	COVID-19 Measures
<p>Isolation</p> <ul style="list-style-type: none"> • Deprives individual of social support of their ability to resist • Makes individual dependent upon the captor • Individual develops an intense concern with self. 	<p>Isolation</p> <ul style="list-style-type: none"> • Social distancing • Isolation from loved ones, massive job loss • Solitary confinement semi-isolation • Quarantines, containment camps
<p>Monopolization of Perception</p> <ul style="list-style-type: none"> • Fixes all attention upon immediate predicament • Frustrates all actions not consistent with compliance • Eliminates stimuli competing with those controlled by the captor 	<p>Monopolization of perception</p> <ul style="list-style-type: none"> • Restrict movement • Create monotony, boredom • Prevent gathering, meetings, concerts, sports • Dominate all media the 24/7, censor information
<p>Induced Debility and Exhaustion</p> <ul style="list-style-type: none"> • Weakens mental and physical ability to resist • People become worn out by tension and fear 	<p>Induced debility</p> <ul style="list-style-type: none"> • Forced to stay at home, all media is negative • Not permitted to exercise or socialize
<p>Threats</p> <ul style="list-style-type: none"> • Cultivates anxiety and despair • Gives demands and consequences for non compliance 	<p>Threats and Intimidation</p> <ul style="list-style-type: none"> • Threaten to close business, levy fines • Predict extension of quarantine, force vaccines • Create containment camps
<p>Occasional Indulgences</p> <ul style="list-style-type: none"> • Provides motivation for compliance • Hinders adjustment to deprivation • Creates hope for change, reduces resistance • This keeps people unsure of what is happening 	<p>Occasional Indulgences</p> <ul style="list-style-type: none"> • Allow reopening of some stores, services • Let restaurants open but only at a certain capacity • Increase more people allowed to gather • Follow concessions with tougher rules
<p>Demonstrate Omnipotence</p> <ul style="list-style-type: none"> • Demonstrates futility of resistance • Shows who is in charge • Provides positive motivation for compliance 	<p>Demonstrate Ominpotence</p> <ul style="list-style-type: none"> • Shut down entire economies across the world • Create money out of nowhere, force dependency • Develop <i>total</i> surveillance with nanochips and 5G
<p>Degradation</p> <ul style="list-style-type: none"> • Makes resistance seem worse than compliance • Creates feelings of helplessness • Creates fear of freedom, dependence upon captors 	<p>Humiliation or Degradation techniques</p> <ul style="list-style-type: none"> • Shame people who refuse masks, don’t distance • Make people stand on circles and between lines • Make people stand outside and wait in queues • Sanitation stations in every shop
<p>Enforcing trivial demands</p> <ul style="list-style-type: none"> • Develops habit of compliance • Demands made are illogical and contradictory • Rules on compliance may change • Reinforces who is in control 	<p>Enforcing trivial demands</p> <ul style="list-style-type: none"> • Close parks, beaches, playgrounds • Masks to be worn at home, or alone outdoors • Changing limits on people allowed to be together • Sanitizers to be used over and over in a day

* The Biderman Report <https://consensualenslavement.com/bidermanreport.html>

** Amnesty International Report on Terror <https://ratical.org/PandemicParallaxView/Report-On-Torture-AmnestyIntl-1975.pdf>

NOTE: Go to www.beingfree.ca/resources for .pdf file of these and other documents. Please send them to your contacts as email attachments. (The sources listed will be live links) Thanks!