Interview with Dr Ariane BILHERAN

**Dr. Ariane BILHERAN** is a graduate of the Ecole Normale Supérieure - "Ulm", a clinical psychologist, a doctor in psychopathology, a university lecturer, an author, a lecturer and a consultant. Author of more than twenty-five books, her areas of expertise are harassment, paranoia, power deviance and regaining personal power.

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One wonders if this "war" against the virus, announced by President Macron, has not become, through collapse, a psychological war against the people. Marion Bonny, a former military doctor trained in infectious diseases and in dealing with health disasters, has even filed a complaint with the International Criminal Court for economic, social and cultural genocide [i] ... You specialize in the analysis of the art of manipulation and the pathologies of power. Can you tell us about your background and how your studies allow you to decipher this news?

Ariane Bilheran: I have always been immersed in environments of abuse of power, which led me since my adolescence to think about the abuses of power, first through moral and political philosophy (Hannah Arendt and Hegel in particular, then I did a master's degree in moral and political philosophy at the Sorbonne on the disease of civilization according to Nietzsche) and then from psychology (harassment, manipulation, perversion, paranoia). For about ten years, I audited cases of harassment complaints in companies of different sizes, cultures, countries and sectors. This has allowed me to observe collectives when they become disconnected from reality and give way to paradoxical and sadistic discourses. I am particularly interested in deciphering the mechanism of "delirious contagion" between individuals and within collectives, a mechanism that can explain in history the adhesion of peoples to totalitarianism and to various crimes against humanity. Moreover, my studies at the École Normale Supérieure de Paris, in Classics, gave me the basis to analyze sophistry in speeches, that is to say the presence of "false reasoning", when a reasoning seems true but is not. This corruption of reasoning is rooted in a loss of meaning in language. An example today is to qualify as "non-essential" what is not actually "useful" from the point of view of capitalist production. Useful refers to a tool in the service of technical and/or economic production. This has nothing to do with the essential, which speaks of our essence as human beings. Art and culture in this sense are absolutely essential for our humanity. It is clear that the choice of words perverts or not the reasoning that uses them, and leads to a new, more abusive relationship with the world. I have also been interested for a long time in neologisms, that is to say in these "new words" which are often a marker of individual and collective madness, as Lacan had already spotted; "Complotism" is one of them.
You were revealed to the general public with an interview conducted for the film Hold-Up. What is your general feeling about what we are going through today?

I had already intervened for NEXUS in 2016 [ii], where I described exactly, without being prescient, the slippery slope on which we were engaged. I said this: "Paranoia carries within it a project of death and for that it uses terror, the totalitarianism of the single thought, that of human interchangeability, that of absolute control. The dominant word is propaganda, in which the victims of terror are designated as guilty, and those who resist submission as traitors. Paranoia desires to create a "new man," denying roots, origins, traditions, history, and all forms of otherness. Under its influence, the people divide themselves into "friends" and "enemies," thus paving the way for fratricidal wars, which feeds the expansion of paranoid power ("divide and conquer"). The people, victims of this pathological power, are showing more and more symptoms of suffering: loss of reference points, psychic confusion, feelings of powerlessness, and stupefaction. They do not understand what is happening to them, because they are caught up in this mass manipulation and paranoid sophistry."

Doesn't that seem to you to describe the current situation?

More precisely, in 2010, I had already, in one of my books, "Tous des harcelés?" (Armand Colin) spoke of "creeping totalitarianism". Today we are experiencing a totalitarianism that is decomplexed, trivialized, and even claimed and desired by many, as if totalitarianism were a justifiable and acceptable way of exercising power. For, we must ask the question: what justifies and authorizes, for humanity, its submission in a totalitarian regime that is likely to trace global contours (I refer to the Great Reset project in particular)? The answer is simple: NOTHING!

You are referring to the mode of governance of the crisis that some call "techno-sanitary dictatorship"?

Some speak of a "health dictatorship", but the term is absolutely false. Dictatorship has a time limit (6 months maximum in Ancient Rome), whereas what we are experiencing seems to be a "political paradigm shift", unexpected by the majority of the population. This change is just as violent as it was carefully and cynically prepared by a small, unscrupulous global plutocracy.

A plutocracy?

Plutocracy is a term in political philosophy that refers to a system of governance where power belongs to the rich (Ploutos was the Greek god of wealth). Curiously, we abandon analysis from the perspective of class struggle as we reach an imbalance, never before reached at this point in history, between those, very much in the minority who have confiscated the wealth and the poor. The totalitarian regime differs from dictatorships and tyrannies in that it aims at "total domination," i.e., it intrudes into the totality of social, private, and intimate spheres, right down to the psyche of individuals, and has as its "ideological claim" "planetary domination," I'm just picking up on Hannah Arendt's analysis. So obviously, those who have pulled their heads out of the sand have well understood the program at work in the "Great Reset," long known to the researchers behind
the scenes of power, namely the total suppression of human freedoms, the unrestricted advent of transhumanism and commodity capitalism, all underpinned by eugenicist and segregationist ideologies and a confiscation of natural resources in the hands of private interests. The "new world order" does have the ambition of "planetary domination" of which the surveillance of all social, private and intimate spheres of the individual is a prerequisite.

What exactly is the crisis we are going through? And besides, is it a crisis?

A crisis, in ancient Greek, is a moment when one discovers what was hidden. In an article I wrote on August 31, 2020, I spoke of a "totalitarian onslaught", and I am pleased to see that many people are now using my expression to describe the present situation. It is a totalitarian tide. The people who think I am exaggerating are of the same ilk as those who call the infanticide of a 9-month-old baby "abortion" (cf. the bioethics bill). They are accomplices of the "banality of evil", to use an expression that Hannah Arendt used about the high Nazi official Eichmann. The totalitarian upsurge represents "the moment of the negative" in history, as the philosopher Hegel called it. It is the moment when a civilization collapses. The collapse is primarily moral, as the Stoics said. According to them, the corruption of language was only the manifestation of moral corruption, and it was through the corruption of morals that the Roman Empire collapsed. Well, I think we are on the verge of the collapse of our civilization. Should it be precipitated? I don't think so. Will it be short-lived? I don't think so either. The Roman Empire took several centuries to collapse, and the morals of the rulers have nothing to envy to those of Nero.

What do you mean by that?

In the moral collapse, the four pillars that hold the house of a civilization are no longer operative: prohibition of murder, prohibition of incest, generational difference and gender difference. These four pillars must also be understood in their complexity and their derivatives: the prohibition of murder is also the prohibition of social murder (slander, libel, etc.),
ostracism...); the prohibition of incest is also the more general prohibition of sexualizing children and appropriating them sexually; the difference between generations is the inscription of a temporality before/after, which prevents the denial of origins that totalitarianism claims (it is self-engendered and 'after the flood', i.e. the responsibility of being articulated in the past/present/future time of a civilisation is not inscribed); the difference between the sexes is the primordial castration, and the learning of otherness: the other is other, because he is profoundly and structurally different from me, and it is this path towards the other that I must unfold in myself, because, by his difference, he is also my missing and complementary part. It is important to understand that without these four structuring pillars of the psyche, regression to delirium and acting out (murder, incest, transgressions of all kinds) is certain. And I think that our civilization is ripe for this level of collapse.

What are the different mechanisms at work in the identity collapse we are witnessing?

I don't know if it's a matter of a collapse of identity. In my opinion, it is a long process of loss of transmission, which Hannah Arendt had already highlighted, concerning the crisis of authority. I refer to my book Psychopathology of Authority. Only authority (not to be confused with authoritarianism or laxity) makes it possible to transform, by bringing the human being back to a posture of humility, human impulses into humanizing works and structuring ideals that block chaos. What is not authority is the destruction of civilization. Perversion and paranoia are two pathologies that have precisely not accessed the Oedipus complex, the fundamental stage that allows openness to temporality (origin, filiation), to morality, to ethics, to otherness, to the dimension of the universal. At the same time as we are the children of our parents, we are the children of a genealogy, a history, a culture, an identity. Because there is transcendence towards our ancestors, but also transcendence towards the idea of an infini that would be perfectly good, well, just and beautiful, we are in search of surpassing ourselves so as not to disappoint the former, and to perfect ourselves in the light of the latter.

But I am not surprised. The crisis became clear in 2020 through a pseudo-sanitary political ideology and revealed many things, in particular the role of the mass media in brainwashing, and their passion for sensationalism over rationality. These media have a huge responsibility in the renunciation of critical thinking; the exhibition of opinions takes the lead, instead of real reasoning. For this to happen, our societies should not have given up so easily on the search for truth, and on its conditions. All this is the fruit of a renunciation that is first and foremost moral, and which is rooted, in my opinion, in the "it is forbidden to forbid", the reign of immediate consumption and unrestrained enjoyment. This is the perverse reign, and in psychology we know that perversion is the queen mother of paradoxes that stagger thought and prevent the construction of a social bond. Perversion is what corrupts the bond, by nature. Paranoia can follow in its footsteps to create "new bonds", a "new normality", "a new man", and these bonds are based on delusion.
Was this "delusional delusion" encouraged by the lockdown whose mechanism would have allowed "divide and conquer"?

This delirious illusion can especially proliferate thanks to the perverse destruction of the social link and our ancestral values. Let us look at the current text on the bioethics law: it authorizes infanticide (9 months) but calls it "abortion". The text even wanted to remove the right of doctors to "In the past, there has been talk of requiring doctors to kill 9-month-old babies and not being able to override it. Family planning continues to refuse to set a minimum age for sexual consent. This same Planned Parenthood, like other ideological associations and teachings at the University or even the WHO, promote "sexual rights" and "sex education" derived from the criminal ideology of Kinsey, a psychopathic child rapist who committed suicide byemasculating himself and whose work was financed by Rockefeller. I refer to my book The Sham of Sexual Rights: Or the Law of the Pedophile in the Service of Global Totalitarianism (Create Space Independent Publishing Platform, 4th edition 2020), that of pediatrician and child psychiatrist Régis Brunod "Preserving the Innocence of Children" (Les Éditions du Bien Commun, 2020), and the many works of American University Professor Judith Reisman [iii]. In 1991, the Lancet exposed Kinsey's child sexual abuse methodology, stating that it was to promote the "normalization" of pedophilia (Vol. 337, March 2, 1991, p. 547). The German Medical Tribune, the British Medical Journal and The Lancet called for the Kinsey Institute to be investigated for covering up massive sexual crimes against children and promoting fraudulent science. This investigation was unfortunately not done, and Kinsey is abundantly taught in Universities today to justify the early sexualization of children, while SIECUS, the Kinsey Institute's "sexual pedagogy" organization is actively promoted by the WHO as its main "scientific" reference. And we are told that it is "science", and that sexualizing the child will liberate and emancipate him. Those who believe that this is "prevention" are either naive, or have not understood anything, or are well compromised. Perversion transgresses and enjoys transgression, while paranoia reaps the fruits of transgression to regiment minds. Everything is linked: without perversion, power cannot become totalitarian. In the bioethics law, human/animal chimeras are being considered. At the same time, crazy experiments are being carried out with tens of thousands of satellites around the earth [iv], the implantation of a USB key in the brain of a pig [v] or the creation in the laboratory of meat based on fetal calf serum [vi], while another plutocrat makes declarations about his desire to "darken the sun" [vii].

Sometimes I feel like I'm living in an open-air psychiatric hospital!

We are indeed swimming in excess! The values of our civilization have collapsed, leaving room for the commodification of bodies, their prostitution (which we are sold as "freedom" and "emancipation", "the right to dispose of one's body", a body exploited by capitalism and predatory relations...), their rental (rental of poor women's wombs in GPA), the sale and purchase of organs (especially in the fetus) but also
The Left has betrayed the people and their children by not protecting them from this commodity capitalism on their bodies and intimacy, and by promoting, under the guise of "freedom", "progress" and "freedom of the mind". Politically, the Left has betrayed the people and their children, by not protecting them from this commodity capitalism over their bodies and their intimacy, and by promoting, under the guise of "freedom", "progress" and "emancipation", ideologies such as "sexual and reproductive rights", which are, in fact, the manifestation of a most archaic patriarchy over women, children, the handicapped, the autistic and the elderly in particular, but also a stranglehold of the rich on the bodies of the poor, it suffices to go back to the origin of the designers of these ideologies to understand this, and nothing is hidden today either of their political ambitions or of their public declarations for whoever makes the effort to investigate a little. In my opinion, the list of crimes against humanity today is endless.

Corruption is both systemic and endemic. The very fact that doctors are paid 55 euros for each declaration of Covid-19 or suspected case is appalling!

Yes, this is an attempt at corruption. The same thing has been done in some countries for the declaration of death under COVID. The massive silence of intellectuals, even their collaboration, is a moral scandal as well as a symptom of a disease of civilization. (Sigh).

We are faced with the total suppression of what humanizes: breathing, touch, culture, funerals. Is this a total failure of the social, symbolic, imaginary link... How can we re-seed the imaginary?

When we are caught up in a delirious neo-reality, which no longer corresponds to a reasonable and reasoned relationship to a shared reality, we must first understand what we are caught up in. This implies distancing ourselves from our own emotions, and for this I recommend a return to the Stoics, who have given us many keys to stand upright in a chaotic world. What happened? How did it work? How did the discourses evolve? What are the events that do or do not justify the discourses and political decision making? What are their consequences? Are they acceptable? This is retrospective work that today is clearly part of the secret, forbidden subject that no one should touch. This taboo must be lifted and virtuous and honest thinkers must roll up their sleeves to do this work. What was the original basis for all these decisions? This is a major question, because a political decision creates a precedent that is then duplicated. We must go back to the root. So, before talking about imagination, which can be an escape from the violence of reality, we must approach the collective trauma with the tools of reason, to do the work of a historian and philosopher, but also of a psychologist who analyzes the mechanisms deployed on the populations. We will not get out of it with denial, nor with defence mechanisms such as the trivialisation of violence, the illusion of the "new world" that is coming and savings, and even less with traumatic amnesia!

Language is perverted, label words and neologisms such as "reassuranceists", "covidosceptics" act like clubs to crush thought. What about the manipulation of language?
Paradoxical language is part of perverse processes. It can thus be used to stupefy thought and empty it of meaning. The presence of numerous neologisms can be the mark of a psychotic delirium, and the latter, when it is paranoid, can be collective. This is exactly what we see at work in the mechanics of cults. Media-driven science has become the domain of inquisitorial dogma and belief. Einstein reminded us of the essential importance of experience in acquiring knowledge; everything else is just information. Therefore, one must always confront the facts with the official discourse. Hannah Arendt writes that in totalitarianism facts no longer agree with the official fiction and are treated as unreal. This is called in psychopathology: a delusion. Why have we not been able to hear, without harpy howls, the feedback from field doctors? Why have they been denied even the right to experience (especially the right to prescribe in conscience)? Everything is organized around the religious belief that humanity is in grave danger. This grave danger, posed as a first unquestionable affirmative principle, is never questioned, and it justifies a bunch of liberticidal measures of exception. Science can be delirious, when it is cut off from the field and from all common sense, and finds itself under the yoke of conflicts of interest, political expediency and media hype. Denial of experts and the crime of opinion are two hallmarks of the paranoid pathology of which I speak. Paranoia, perversion and psychopathy are the champions of the totalitarian system, aided in their realization by many people who regress into severe obsessive neurosis (obsessive neurosis is a neurosis which, in its severe form, tends to submit by religious belief and narrowing of the field of consciousness to "I have obeyed orders", without any criticism of these orders, with little affect and with, moreover, often hypochondriacal traits) and "function".

Just as there is an individual psyche, where "the Ego is not master in its own house" (Freud), there is a group psyche, and a people psyche, in the sense that there are psychic regressions of groups (e.g.: sects), and of peoples (totalitarian phenomenon) where madness invades the social space. That will function according to the same psychopathological processes.

*How to get out of this sectarian process?*

When someone has entered a sect, he is no longer accessible to logical arguments. Victor Klemperer who studied the language of the Third Reich mentioned a young Nazi who, following the collapse of Nazism, remained in the ideology. He was so, in part, because he was still using the trafficked language of Nazism. I used to think until recently that it was because language became corrupt that it corrupted minds, but the Stoics say the opposite, that a corrupted language is the marker of moral corruption of minds. It is stupéfiant to see that these neologisms are also picked up and adopted by the resistance. I am in the process of referencing this new vocabulary that has entered the social field, I am already at about 50 new words or phrases. When you know that someone in France who has a poor vocabulary has about 400 to 500 words to speak, 50 new words or expressions are not enough.
words it's huge (reassurists, conspiracy theorists, revisionists, covidosceptics, covidofriendly, skypero, coronapero, distanciel, etc.). I have identified essentially three majority lexical fields: war and persecution (curfew...), the sanitary-hygienist (contact case, infectious outbreak...) with sometimes religious overtones, where health is defined in a hollow way as the total absence of potential disease (which is impossible by definition), and the digital (skypero, coronapero, distanciel...). If we accept the language of the colonizer, we have already allowed ourselves to be colonized. We must refuse these neologisms, these ready-made expressions, question them and not use them, because by doing so we contribute to reinforcing the delirium which, in order to impose itself, needs to destructure and colonize our language, which is our common heritage.

As Hannah Arendt says, isn't the risk that "when everyone lies to you all the time, the result is not that you believe the lies but that no one believes anything anymore? [...] And a people who can no longer believe anything cannot form an opinion. It is deprived not only of its capacity to act but also of its capacity to think and to judge. And one can do whatever one likes with such a people." [ix] Yes, it is true. The writer and theorist Guy Debord [1931-1994] said: "the true is a moment of the false", this designates a crazy society where truth is relative, we find it in some interstices of the discourse, but its search is no longer fundamental. We are all responsible for this renunciation of truth in favour of the spectacle. How many pseudo-sick people are real actors on television? Who cares if we are sold fiction for reality? For example, confusion is cleverly maintained in deaths between coronavirus deaths (where coronavirus is the cause of death) and deaths with coronavirus (coronavirus was present but not the cause of death). The confusion has been there from the start: about "positive cases" (confusing people who have symptoms with people who are simply carriers of the virus, and yet, to what extent); about "patients" for people who are healthy and come to be vaccinated; and when not a word is said about the serologies of the people who are to be vaccinated, etc.

The mathematician and lecturer Vincent Pavan highlighted the initial problem, which is the following: when, at the origin of political decisions, epidemiology wants to be a totalizing response to the problems of reality, without self-criticism or confrontation with experience, with a single reading that is less like a prognostic than an oracle and is improvised as absolute certainty. Therefore, the current situation is not based on a search for truth, which must always be confronted with experience. No science has the degree of certainty of mathematics, and epidemiology, because it speaks of the reality of human experience, and is therefore an operative science, cannot have the degree of certainty of the speculative sciences. It is experience, our link to reality, which also allows us to avoid creating a totalizing delusional discourse that frees itself from reality!

But through a multitude of subterfuges, we have lost this link to reality...

Yes, in the real world for the past year, people have suffered considerably from political measures, and this fact should be taken into account. I don't want to
refléchir according to a logic of blessings/risks that I believe also makes fi of this intangible moral principle: the human being is not a means. He is a fin. To put it plainly: NOTHING, absolutely NOTHING, justifies the abuse of a human being. And in other words: the fin should not justify the means!

In the real world, the oracular figures announced by a world epidemiologist, Ferguson, have not been realized [x]. So the model and the paradigm are not operative. In fact, the paradigm is not operative, as is any scientific paradigm that claims to govern human life in place of the philosophical paradigm of human free will, namely: the human being is a being of freedom and transcendence; he is not a means; he is political in the sense that what humanizes him is to make society. As for the vaccine policy itself, it is well known that it is in itself a large-scale experiment. xi] Clearly, we human beings are being used as objects of experimentation. How could human beings, who are in themselves a subject and a fin, "consent" to becoming an object and a means? The paradox is in the proposition, and it is not tenable.

In addition, there is no informed consent, as populations are unaware that they are the subject of stage 3 vaccine evaluation. This refers to the Nuremberg code that protects populations from large-scale experimentation.

It is the advent of market capitalism as the only horizon. The confusion is total. Even when the words of some specialists are very clear, influences on social networks come to confuse and fog them. The WHO pays influentialists, the Hill+Knowlton Strategies 9 firm, and governments pay private consulting firms, it is a shift that has been at work for years... very far from the Common Good.

Indeed, McKinsey, one of the firms guiding the French state on its vaccine policy, has just been forced to pay a $573 million fine to the U.S. authorities for contributing to the opioid crisis, which has left more than two million people addicted in 2018 and led to 400,000 deaths in less than twenty years [xii] ....

Corruption is only limited by the limits we put on it! That is why the priority is to analyze what happened, to take the events and speeches back in their chronology, and to return to the first principle. For example, why was the decision to confiner the population made? What was it that justified such a decision? Who had said the confinement was relevant and on what studies, knowing the immense collateral damage to a population? What was the legitimacy and was this subject to careful analysis and debate among experts without conflits of interest? What are the networks of influence at work globally, ideologically, politically and financially?

Doubt must be reintroduced into what we are told are the obvious and a delirious certainty. France is the country of Descartes; it must reclaim this heritage of doubt necessary to question dogma! For in the end, today, for many, it matters little that lies have been the cement of the "new normal" for the past year. It doesn't matter that promises are not kept, that speeches are disconnected from reality, that the delusional belief that "the new normal" will be achieved is not the case.
It is a question of eradicating the human subject interacting with the world, a creative, unpredictable, desiring, speaking subject with a living body. The aim is to eradicate, on the basis of the dominant lie, the human subject interacting with the world, a creative, unpredictable, desiring, speaking subject, possessing a living body; the aim is to reduce it to a mechanical conception of the body: a potentially sick body under attack from a virus that is foreign to it. Nothing is more biologically wrong than to consider a "virus" as a body "foreign" to oneself, without embracing a complex thought of interactions of the virus (non-self) with its terrain and its immune system. The human being is then reduced to an inert mechanical body, with minimalist vital functions, which is corrupted by an invisible enemy outside of itself, such is the current political conception acting on our life forces and our humanity. This hatred and phobia of the living is illustrated in the prohibition of our movements, but now also of our words and songs. I refer to the prohibition of singing in nurseries, the encouragement of silence in the subway, the prohibition of access to spaces of nature with confinements and curfews. This is unprecedented in human history (except in Nazism, for much of the current sanitary measures, on the pretext of eradicating the typhus epidemic [xiii] ). The first delusion of omnipotence consists in having the illusion that we will be able to control the propagation of a virus. Every day we come into contact with millions of bacteria, viruses and parasites. According to Professor Rob Knight, from the University of California at San Diego, 57% of the cells making up the human body are all the microorganisms living inside us.

*How does it work in practice? Is it a system?*

A system is a whole in which the whole creates something other than the sum of its parts. Collective paranoia is a system. By that I mean that explaining it away with crazy leaders is not suffisant. They have to be relayed. For example, Emmanuel Macron has claimed to be a Jupiter-like power, with a delusional and totalizing ideology of messianic essence ("the Beast of the Event is here, and it is coming"). He feels that he represents more than himself: 'You have to be available for fate' he says! This collective delusion has as its finality unlimited enjoyment. And it exposes, to redeem a "fault" supposedly originating, at the expiatory sacrifice of all.

*People are lost in the face of paradoxical government injunctions and contradictory information. But isn't this crisis also the result of our ignorance, and a tendency to submission widely studied by post-war psychologists, which leads us to accept the violation of most of our fundamental rights (right to work, to travel, freedom of opinion)?*

This is the eternal question of the psyche of the masses, as well as the still obscure question of the mechanisms of entry into delusional contagion or the conditions of exit from denial. Trauma is a shock to integrity, which leads to a psychic and emotional wound. As long as this wound is not healed with a bandage that holds up, we hit ourselves again in the same place. This is traumatic repetition. The majority of the population is caught up in the delusional narrative of the media, which tells a story of generalized anguish, which does not correspond to
what we experience in our daily lives. This horror film works by hypnotic suggestion and incessant repetition. Each time, the part is mistaken for the whole, with a magnifying effect on one of the components that now fills the entire field of people's lives. All this is seriously lacking in rationality and measure.

Which profiles are "better equipped" than others to deal with these manipulations?

I note that the following are not necessarily lost: those who had abusive or even delusional parents and who have worked on their childhood, they have not lost their lucidity; the majority of the poor who have no naivety about the fact that the very rich and powerful would want them well, and have no identification mechanism with these political and economic decision-makers; those who have the need to be grounded in reality (e.g., the peasant who works the land). The latter do not identify with policy makers, and the absence of these identification mechanisms prevents them from being subject to the Stockholm syndrome, which is the defense of one's own executioner; and enfin those who have a real moral and spiritual life of valuing life (I am not talking about a false spirituality of groups with channelings designed to escape reality), for example certain artists, poets, philosophers, thinkers and creators, who know that they are always the primary targets of totalitarian powers, because they manifest in their artistic creations and reflexions the aspiration to human freedom. What we have to understand is that, when one has been manipulated, it is very difficult to become aware of it and to turn back. We all need that courage and humility, and I wish that neutral, independent experts from the people and without conflicts of interest would look at a balance sheet of the past year. But when I hear even philosophers adhering to terms like "conspiracy", or saying that conspiracists are paranoid without ever defining either the first or the second term, I think to myself that it is not won! Don't get away with those who have identification mechanisms with the rulers. Personally I grew up in a working-class suburb in which the people were suspicious of the ambitions of the powerful, of those who always want more privileges. The poor know that those in power never care about their lot, and that the Robins des bois are mostly in the fiction. This fault line is fundamental. How many more poor people in 2020? Against how many rich? You can tell a tree by its fruit!

To hear you talk, there would be premeditation and instrumentalization?

The most plausible hypothesis is that this crisis was orchestrated by plutocrats and that it is a plot against the peoples. Many people within the peoples have quickly given in, through comfort, weariness, weariness or manipulation, but also submission dragging them into the defense of their executioners. The rulers are still and always seen as good parents, despite the inconsistencies, contradictions and manifestations of a total lack of empathy towards the people. But when a power wants to impose an official version, ridiculing or condemning any other alternative version, this is called propaganda, single-mindedness, and
the bringing to heel. Obviously, power and conspiracy have always worked together: the burning of the Reichstag attributed to the communists by the Nazis, etc.

Clearly, conspiracies are numerous and are orchestrated by the very people who cry conspiracy?

Paranoids are often in positions of power, so they plot, and love these plots of secrets and arcane, while accusing others of plotting for them, because paranoia works on projection (accusing the other of what you do yourself). This does not prevent there from being great paranoid delusional people among those who investigate the backstage of the former, things are not binary, unlike the monolithic paranoid thought. On the other hand, what has evolved, and not in the right direction, is on the one hand the impossibility of naming and thinking about these conspiracies, a criminalization of thought which shows that investigating these conspiracies has become forbidden because it is undoubtedly dangerous for the conspirators! And on the other hand, it is also what Solzhenitsyn called "the docility" of citizens. He notes that the majority reaction of his fellow citizens was "pusillanimity, impotence, fatalism." Moreover, totalitarian times are always conducive to letting the dark side emerge that is repressed in ordinary times. For example, among the "good citizens," those who support the delusional certainty of the "savior vaccine" fetish object, could believe themselves legitimized to incriminate and persecute the "bad" citizens, and become at the same time judges, policemen and avengers of the power in place.

In The Gulag Archipelago, Solzhenitsyn says "to a docile sheep, a gluttonous wolf ». The lack of resistance among the people, if it continues, will lead to a totalitarianism of unprecedented violence and arbitrariness, since it will not be restrained. It is therefore essential to resist. And it is important to remember that totalitarian power always strikes arbitrarily, in other words, even if you have made yourself very small in a corner thinking that you will not be seen, you will become a target. Resistance is not an optional extra for the future of humanity.

Right to breathe, to move, to work... Are we heading towards a Chinese-style social credit system?

This right to life is confised into the smallest corners of our lives, revealing a confusion between intimate life, private life, social life and public life. The individual is now alone, masked in front of a tentacular power which, on the other hand, reveals its true face! The current policy, beyond being repressive, intrusive, transgressive, using lies to persecute the population and introduce division, hatred and cleavage, is also a segregationist policy. The dividing line is now a line between "good citizens" and "bad citizens". With the "health passport", the "good citizens" are those who accept to exchange their right to life for an entry ticket (vaccination) into the world of insiders, that of consumption and the protection of a few human rights. Of course, these previously inalienable rights are now monetized and parcelled out. In the land of capitalism, everything can be bought and sold, including human dignity. Privileges to travel, to go to restaurants... so many privileges granted to the "good citizens" which can be suppressed according to the arbitrary decisions of the Princes, but of this, the "good citizen" is not yet aware...
When the basis of the social contract is no longer the equality of citizens in law, but an inequality of rights in principle, based on who is obedient and who is not, there is no longer any civil liberty. The social contract is therefore null and void, and losing his civil liberty, the citizen loses the protection of his private life and everything that constitutes him. From then on, the famous "war" we have heard so much about is that of all against all, orchestrated from scratch by political manipulation, the "Divide and conquer". Without a valid social contract, the Leviathan emerges. Is it not in times of crisis that we need most to come together, to think and to consolidate our social bond? Totalitarian power now unrolls the catalogue: in addition to the obedient (who consume) and the disobedient (who refuse to be reduced to the status of consumers), there are now the useful (productive work capacity) and the useless. That's what we've come to!

And we can see behind this stigmatization between the "good" and the "bad" people.

In this context, the "bad" citizenry has another stigma, that of savage capitalism, for which the human being is reduced to a commodity body: a body that produces merchandise or a body that costs money, a body that works or a body that is idle.

The ideology of idleness and laziness is filigible: are we allowed to be essential but not useful to the commodity capitalist system? Power deliberately confuses the terms.

Artists, restaurant owners, and cultural people are said to be inessential. But they speak to us about our essence, and precisely, a dish eaten in a restaurant is not a dish eaten at home, there is this "extra soul" that humanizes us. A play serves no purpose, but it sends us back to the tragedy or the comedy of human life, and always brings us back to metaphysical questions. So why should this be second-rate now? With this ideological confusion, where the values of the social contract are broken, it is abuse that prevails. Little by little the street, which belonged to the people, is being deserted. It has become the property of the police state!

A police state that legislates with decrees and ensures its continuity through a comprehensive security law.

It is the demonstration that totalitarian legality is no longer the protection of citizens by the Law, but on the contrary their exposure to the arbitrariness of the ideology. Clearly, the Law no longer protects the most vulnerable, but exposes them, and becomes an additional tool of "total domination. The shifts in the Law turn it from a backbone protecting freedoms into an instrument of persecution of freedoms.

What about this global centralization of power... From your point of view as a psychologist, will we have enough inner freedom to escape it?

We must resist through actions of autonomy and local solidarity. My position is to encourage people to avoid any denial of what is coming, which is once again only an extension of the perversion that has been working to destroy our social ties for years. The solution does not lie in a political party, in the sense that all political parties today play into the hands of globalization, whatever their declarations of principle. Avoid populism, avoid the false and naive illusion that things will get better soon. But,
no, it will not get better soon! I am not prophesying it, I am analyzing it from the symptoms of the present disease of civilization. We must resist the totalitarian phenomenon, resist physically, psychologically, emotionally, intellectually and spiritually. In concrete terms, all actions of local empowerment must be developed, especially in terms of food independence, in these times of economic and political instability that the Rockefeller Foundation promises us in its "future scenarios" published in 2010. We must therefore reduce our needs, learn to enjoy a certain frugality in everything, become locally resilient, more autonomous and more independent of the market system, and develop new solidarities. I often have this image that comes to me, I don't know if it's right, but perhaps it will speak to some of your readers: in the arm wrestling match between the plutocrats and the people, we must prepare for a state of siege in the face of harassment. In war, one prepares for a siege, and the idea is to hold on. Let's not forget that Paris won against the Norman Vikings thanks to its ability to hold out for a long time! Therefore, stocking up on food, organising the deployment of autonomy, alternative and independent solutions for water and electricity, and local resilience, is simply a matter of showing common sense today. To govern is to foresee. Let's start by governing ourselves, in our homes and with our neighbours. This is much less easy in the city than in the country. Everyone must reflect not to an insurmountable tyrannical ideal, but to what he can do in small steps, from the means and constraints that are his own. The accumulation of small steps may be precisely the key to success. In any case, it is important to transform fear into courage and action, and to help those around us who are most vulnerable. They are the ones who need it most. It is also necessary to strengthen oneself morally and spiritually, even if no one resists. How can we not go crazy when everything around us is going crazy? How can we remain connected to a transcendence in spite of everything? How do we accept the losses we will face? How can we avoid falling into the violence of despair? How do we embody a high ideal of humanity, in the bestial chaos around us, and maintain charity towards the most vulnerable? The Stoics, but also the testimonies of survivors of totalitarian madness can provide answers, and help us to strengthen ourselves psychically.

Culture too, to save our skin?

My personal position is to analyze and encourage to contribute to the conservation and transmission of the past, precisely to maintain the human link, and to avoid what is sought in most totalitarian phenomena: the total suppression of our History and our language, the eradication of our roots. Keeping the books, keeping the knowledge of the ancients ... and that goes for non-hybrid ancient seeds as much as for ancient books! (Laughter) A tree that denies its roots is likely to collapse, but it is from these roots that a future can undoubtedly begin again. So we need guardians of the roots. I think that humanity is governed by laws, and that we are going through something inevitable, which corresponds to the earthly law of life (birth, growth, maturity, destruction, death), and that later on something will be born
of new, more balanced and harmonious, but at the price of a very great prior destruction.

When will this renaissance eventually take place?

It is difficult to predict. From Nero to Charlemagne, there were seven dark centuries.

How can we awaken in ourselves the courage to enter into resistance?

First of all, we have to get out of the flabbergasted state, that is, out of the initial shock and terror. Fortunately, Hannah Arendt had well specified that it is not useful to understand totalitarianism in order to fight it: "Many people affirm that one cannot fight totalitarianism without understanding it. This is fortunately not true, for otherwise our situation would be hopeless." Which fit him to add simply this, "To fight totalitarianism, it suffices to understand this: it represents the most absolute negation of freedom." To understand that there is a background harassment, of putting individual psyches under terror, is essential. To admit without denying that those who are passionate about power, in this case this small world plutocracy, do not want our good, is fundamental.

Why would they want to?

That's for sure! The excessiveness of billions of dollars in wealth while hundreds of millions of people are reduced to extreme poverty and starvation is a marker of madness. The ancient Greeks called this excess "hybris" and it clearly indicates what it is all about: taking the place of a god for a god. It is something very serious, and that we find in the paranoid delusion. The paranoid delusion presents megalomaniacal ideas, of omnipotence; the paranoid takes himself for the all-powerful, denies the castration of the difference of the sexes, he is both man and woman at the same time, makes a clean sweep of the origin, and aims at immortality. But it aims at material immortality, which obviously has nothing to do with spiritual eternity. Do you know, for example, and I thank the person who pointed this out to me and who will recognize herself, that in the book "Last Witnesses" (Presse de la Renaissance) by Svetlana Alexievitch, Nobel Prize for Literature 2015, a book that collects testimonies of people who were between 3 and 12 years old during Operation Barbarossa, the German "doctors" thought that the blood of children under 5 years old promoted a speedy recovery of the wounded and had a "rejuvenating" effect? Specialized camps in the Nazi-occupied USSR were dedicated to draining the blood of children under 5 years of age. The rituals of capturing adrenalin in the blood of terrorized children (known as adrenochrome [xv] ) are said to be present today, in ritual sects present in places of power; I refer, for example, to the investigations of Alexandre Lebreton [xv i], pedopolis.com, the Ceri day (http://dondevamos.canalblog.com), and teamfsociety (teamfsociety.com).

Are there people in power who do this?
There are occult cults that have practices that are totally out of control, and they are often linked to people in power. We have testimonies too, from anti-cult researchers who have large files on the subject. The delusions of material immortality are not new; they were present in Nazi occultism, and they are very visible today through transhumanism. Hannah Arendt had warned that Nazism was not dead [1]: Freed from all national ties and the inevitable external concerns that accompany them, the Nazis can once again attempt to organize themselves in the post-war world in the form of that true and pure secret society, dispersed throughout the world, which was always the model of organization to which they aspired. [In Europe itself, the opportunities for an international fascist organization freed from the problems of state and territory are even greater. She adds, "The danger exists that Nazism will succeed in posing as the heir to the European resistance movement, taking up its slogan of a European federation and exploiting it for its own fins. [...] Such are, in general, the perils of tomorrow." It is imperative that we return to an understanding of what Nazism was, and for this I refer in particular to the magnifique work of Johann Chapoutot, especially his book La loi du sang. Penser et agir en nazi. We have been warned. It is often the Jewish legend of the Golem that comes back to me, this creation of man that escapes him completely. We are aiming for the "augmented" man "But "increased" by what? Knowing that man finds peace and serenity in humility, not pride? Man must be content with his finitude and live with it. To live is to learn to die, quite simply.

To be able to resist, one must have renounced this desire for material immortality?

It is imperative to rethink the question of our metaphysical relationship to existence, to structure ourselves in a verticality in the face of the reduction of our humanity to biological functions, organs, primary needs, with a delirious and mortifying hygienist utopia. The human being is a being of desire, that is to say, etymologically, he has his head in the stars, while being a being who must avoid excess and tend to humility, that is to say, etymologically, to remain with his feet on the ground, in connection with the humus (the soil, the earth). Totalitarianism proposes a global world that cancels time (no before, no after) and space (it is in perpetual expansion and denies the right to intimacy, to any space that escapes its conquest). It is a pseudo-assertive world, which "takes charge" of us. Stay at home, passively watch fiction series, your adult cartoons, and order, you will be delivered to your home, the bottle arrives directly to the cradle. What is taken away from us is the investment of social space, as well as adequate psychomotor development since access to the outside is considerably reduced, but also everything that operates as socialization, in work, party, games, sports. Socialization in psychology is the paternal function, which helps the child's psyche to emerge from the experienced maternal omnipotence.

Perniciously we are regressing?
Yes, because totalitarianism is an all-powerful archaic mother who incites us to regression, who sees everything, hears everything, perceives everything, sequesters, distributes good points to obedient children and punishes the others, wields arbitrariness, but who, by virtue of her omnipotence, cannot limit herself or be limited. All this leads to a collective regression of the psyche towards perversion and psychosis, with an increase in suicidal and hetero-aggressive (on others), perverse (transgressive, e.g. paedophile) and murderous (paranoid and psychopathic) acts. It is very easy to destroy the universal human pillars of a civilization. For they are very fragile, and if we do not do everything to maintain them, the house will fall apart. We have to be careful too, because people, when they are lost, look for the enemies of the enemies. But the enemies of the enemies are not necessarily our friends. Many cults work on the web on the side of denouncing liberticidal policies, but they are soliciting, they are no more in favour of freedom, except that they profitent a moment of destabilization and come to offer a form of fake reassurance. One must keep a critical mind. Personally, I am suspicious of those who tell us that things will be fine soon, that a positive magical thought is enough to solve a fundamental problem. Let's visualize together that it's going to be okay, that's hypnosis! Many meditations and channellings cut off the link to reality, operate like paralyzing drugs that prevent people from taking action, and this too endorses neo-liberal globalization, I refer to an excellent article entitled "New Age and neo-liberal globalization" by sociologist Luc-Michel Mazenc [xvii]. He demonstrates that the New Age also plays into the hands of social atomization, of religious and sectarian identitarianism, which is the basis of the neo-liberal utopia, allowing the control of individuals. "Sectarian and New Age spiritualities thus acquire a political function in order to legitimize the domination of minds and the administration of souls, a prerequisite for the government of men." The terms "New World
The terms "New Earth" or "New World", which are so often used by various spiritual currents on the Internet, were used by Christopher Columbus during the genocide of the Indians in South America. To use them is to unconsciously link oneself to this tragic episode in the history of humanity, whether one likes it or not. And it is also in essence a policy of wiping the slate clean of the old, of encouraging economic collapse, because then would come paradise on earth; it is a sectarian logic. Utopia presented as resistance to totalitarianism can easily become totalitarian itself.

If the house burns down and collapses, and false prophets take it over, is it not already too late?

What we need today is moral and political philosophy and history. What is a human being? Does a human being have rights? Are these rights inalienable? Yes. The Italian philosopher Giorgio Agamben speaks of the right "to bare life," which refers to "the simple fact of living," common to all living beings. This means that our rights cannot be alienated under any pretext, however legitimate it may seem. There is nothing more serious than transgressing our human rights; it is a foundation! I am of the old school that thinks that the human being is characterized by his call to freedom, by a free Spirit (Hegel) that is nourished in the intimate, and by his capacity to fight for his
freedom. Because of this, human beings are not commodities, nor are they a means to an end. When we condemn human beings, for example in the impossibility of working for certain artistic or catering professions (and it is well known that the little ones will not necessarily make it), in order to supposedly save others, we have transgressed the sacredness of the human being, which can be summed up as: the human being is not a means to an end. He is a fin in himself. Every human life is sacred, but a life, a life that assumes the risk of life, namely sickness, suffering and death.

Living is indeed risky; it is even a fatal disease!

I think that we are in such a moral collapse that many people no longer wish to face these risks. But these risks are the counterpart of joy, desire, love, and vitality. It is because we are beings who are going to die, become ill and suffer, that we live life to the full and value it. And this major denial will not exonerate us from our responsibilities towards our children. To disobey is to recall the metaphysics of our existences, our transcendent dimension, it is also to rely on high figures in the history of humanity (Antigone and the rituals to the dead, St. Francis of Assisi and the assistance to the lepers, etc.), who have made human life sacred in its depth. Not to accept to be reduced to this, to give a high moral value to what humanizes us, to show compassion and charity towards the most vulnerable, to try to remain in solidarity beyond differences, to say and name what is happening, and whatever the cost, it is fundamental that some righteous people take care of it. We must bear witness. As in the legend of the Golem, it is first of all through the Word, that is to say, through the word that names the truth of what is, that we will be able to envisage making the monster collapse one day. And also, since we must die tomorrow or another day, "para cuando la vida?" will demand the poet! [xviii] (Laughter).

Interview by Caroline Escartefigues

[1] See in particular his article "The seeds of a Fascist International."


[ii] Interview with Ariane Bilheran by Edouard Ballot, "It's time to harass the people ", Nexus, n°105, July-August 2016.


[xv] In the 1940s, studies by A. Hoffer and H. Osmond proved the hallucinogenic effect of adrenochrome, which is similar to LSD (adrenochrome is formed in the human body as a by-product of adrenaline). A former high-ranking CIA intelligence officer, Robert David Steele, spoke of children being tortured or sacrificed afin order to increase a level of adrenaline in the blood, this blood would be droned to become drugged, and it would be credited, like the Nazis of the time, with the effects of an elixer of youth. The testimonies and statements would deserve a very serious investigation.


[xviii] Kaddour Hadadi, in the song Para cuando la vida by the Franc̋ais group HK and Les Saltimbanks. Hailing from the Lille metropolis, this group is known for its committed lyrics dealing with social struggles, inequalities and the environment[NDR].